

BULLDOG SPIRIT



Vol. XIX Issue I October 2018 St. Joseph High School

Volleyball Girls Spike Opponents

By: Logan Hurst



Seniors Alexis Roach, Bailee Atkinson, Chloe Detten, and Mattie Elsinger proudly display the team's championship award.

Our varsity volleyball team won the 2A Central District championship on Oct. 16 by sweeping the Cutter Morning Star Eagles in three sets.

The girls now move on to the first round of the State Tournament in Paragould beginning Tuesday Oct 23.

Quiz Bowl Team Formed

By Nick Chambers

Quiz Bowl Team sponsor Karen Davis has announced the team members for the 2018-2019 school year.

The team includes: seniors Natalie Ross, Aaryanna Janowiecki, and Sara Massa, sophomores Kati Dumboski, Juliana Ferrer, Rebecca Chamoun, Emma Gastineau, and Kinley Thessing, and freshmen Zach Tucker, Jack Luyet, Anna Rappold, and Ashleigh Mallett..

The first match the Quiz Bowl Team will compete in will be the Friends of Quizbowl Invitational at Russellville on January 19th.

Honor Society Inductions Held

By David Green



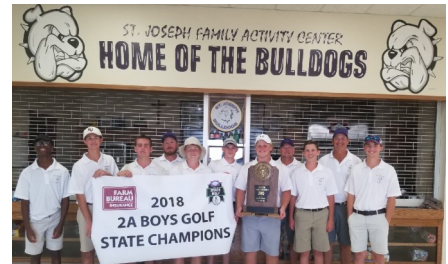
Senior Bailee Atkinson lights the candle representing character.

New members in the National Honor and Junior Honor Societies at St. Joseph High School were inducted during ceremonies held in the church sanctuary on September 21. There were 28 students who were pinned and signed the roll book for NHS while 13 did the same for NJHS. One of the highlights of the induction ceremony is the lighting of the ceremonial candles. There were six candles, one gold, and five blue ones. The center gold candle represents knowledge which illuminates all other qualities of an Honor Society member. The other blue candles stand for citizenship, scholarship, service, leadership, and character.

When the ceremonies concluded, the Honor Society members went to the Cyber Café for a reception where cake and soft drinks were served.

Golf Team Wins State Title

By Timmy Coney and Gabe Chalk

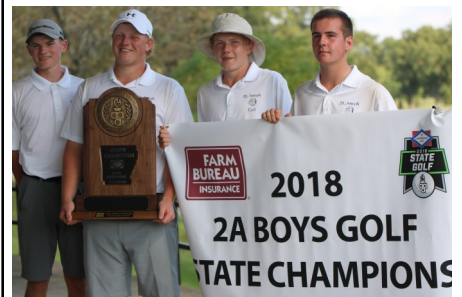


(left-right) David Green, Caleb Mallett, Luke Bruich, Assistant Coach Lindell Atkinson, Collin Coney, Gus Longing, Timmy Coney, Assistant Coach Brent Breeding, Landon Baker, Head Coach Mike Prall, and Elijah Bailey.

The St. Joseph Boys Golf Team won the 2A State Tournament at Burns Park in North Little Rock on October 4th. It did so with a winning score of 262 which was one stroke ahead of Runner-Up Conway Christian. This win marks the sixth time the Boys Team has won the State Championship. The girls have won it eight times.

Sophomore Gus Longing shot an 85, Freshman Collin Coney had an 86, Junior Timmy Coney and Sophomore Luke Bruich both came in with 91.

Gus Longing tied for Third Overall which led to a playoff that he lost. Gus and Collin both made All-State.



The **Bulldog Spirit** is written and produced by St. Joseph’s journalism classes.



Reporters/Photographers:

Gabe Chalk, Nick Chambers, David Green, Logan Hurst, Ella Imboden, Amy Lambe, Truman Martin, Lauren Mayden, Caleb Urbani, Chloe Detten, Aaryanna Janowiecki, Drew Lewis, Alexis Roach, Dane Schreckenhofer, Shelby Shearer, Riley Tucker, Anna Wade, Timmy Coney, Jacob Hofherr, Austin Parker, Zach Royal, and Lars Westmoreland.

Advisor: Mr. Ray Nielsen

Teacher Has Close Association With SJS

By Lauren Mayden



Ms. Jackie Elsinger

Ms. Elsinger is one of the seven new faculty and staff at St. Joseph. She teaches food preparation along with 7th and 8th grade science. She was born in Morrilton and graduated from Sacred Heart High School. Her college education took place at UCA where she received a Masters degree in Middle School Teaching.

There are six children in the Elsinger family four of which graduated from St. Joseph. Her son Jeremy now teaches math here. Twins Mattie and Mason are seniors.

Before taking on her present full-time teaching job, Ms. Elsinger worked for a time at the State Department of Parks and Tourism. She later became a long-term substitute at Wooster and Greenbrier. Her career with St. Joseph began at St. Joseph Elementary where she was both a Kindergarten aide and a long-term substitute. She says two of her biggest influences in teaching were Kindergarten teachers Lois Coney and Charlotte Moix.

“I’m happy to be in the high school now,” Ms. Elsinger said. “That’s because Jesus and prayer are at the center of it all.”

Teacher Takes New Approach

By Lauren Mayden



Ms. Becky Mathis

Ms. Janice Thessing spent more than three decades at St. Joseph as our school’s special education teacher. Filling her shoes would ordinarily be a challenge, but Ms. Becky Mathis is up to the task.

A life-long Conway resident, Ms. Mathis graduated from St. Joseph in 1995 and went on to receive a Bachelor’s Degree in Special Education from UCA. She was also inspired to work in this field by her brother who had disability issues of his own.

She graduated from University of Central Arkansas with a Bachelor’s in Special Education and began teaching at Anne Watson Elementary near Bigelow. She later taught at Vilonia Middle School.

The most astonishing thing to Ms. Mathis about being here is “That we can openly pray,” she said. She has already set up a

prayer box in her classroom. Her students can put prayers or intentions in the box in the hope that God will read them.

Ex– Policeman Makes School Secure

By Lauren Mayden



Mr. Brad Fornash

With the recent problems concerning school safety nationwide, St. Joseph hired its first resource officer in the person of Mr. Bradley Fornash. He’s already made us feel tons safer.

A graduate of Sacred Heart High School in Morrilton and Arkansas Tech, Mr. Fornash grew up watching TV’s “Americas Most Wanted.” “After each episode, I would always go out in the neighborhood on my bike to try to catch criminals,” he said.

After earning a degree in Criminal Justice and Sociology, Mr. Fornash joined the Conway Police Department where he worked for 20 years.

Taking care of all of the students is a difficult task, but it seems to be no problem to Mr. Fornash.

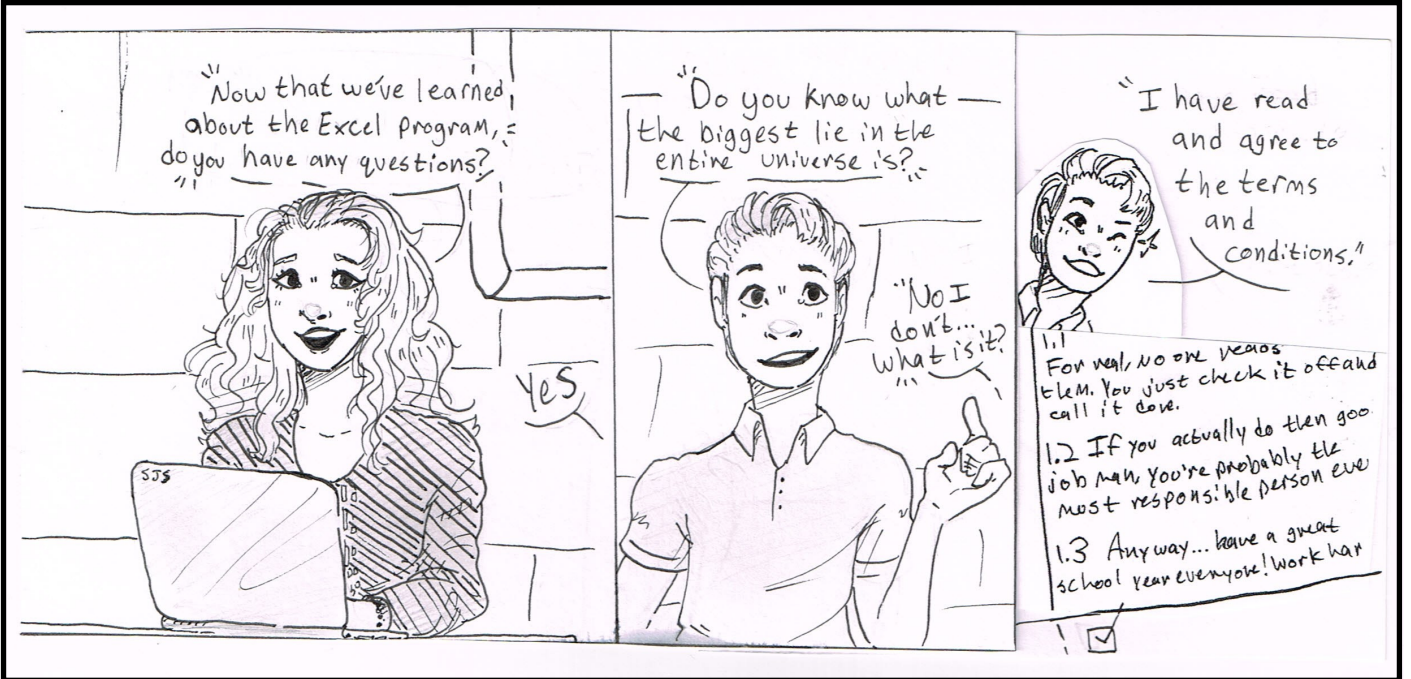




Faculty Funnies

By Leah Miller

Featuring Ms. Courtney Burmester



Cool Cars

By: Timmy Coney

We chose sophomore Dane Schreckenhofer for this edition of the "Cool Cars" column.

Timmy— Dane, what kind of motor is in this puppy?

Dane: It has a 5.3 Vortec.

Timmy— How many girls can you fit in this beaut?

Dane: I can get six girls in the cab and as many as I want in the bed of the truck.

Timmy: How fast have you got this baby up to?

Dane: Up to 80 m.p.h.

Timmy— What do you call this hottie of yours?

Dane: Lil Red .

Here's Dane Schreckenhofer with his 2015 GMC Sierra 4x4.



New Class Generates Excitement

By Lauren Mayden



Mr. Keith Wolfe

For the first time in recent memory, St. Joseph School is offering a course in Industrial Technology. It's being taught by Mr. Keith Wolfe, a retired airline pilot and the husband of Principal Diane Wolfe.

Mr. Wolfe graduated from the University of Arkansas with a degree in Industrial Technology. He then turned to aviation for the military, and flew for the military and later began flying for Southwest Airlines.

This new class helps students learn how to use tools and complete projects that could land them a career in an industrial field. "I started this class because I believe it's something that can be used in school and in life as well."

The idea for the class started last year on Career Day when the students showed interest in a welding demonstration by U.A.C.C.M. and grew from there. Judging from the surveys that Mr. Wolfe has been sending out to his students, the results have only been positive.

The course features introductory instruction in drafting, carpentry, and welding processes. Students learn beginning level manual drawing skills, and are introduced to drafting with computer aided design software. Instruction in carpentry skills are practiced in projects using hand and power tools in a safe manner. Students will also be introduced to

welding processes, tools, and safety procedures.

New Teacher Comes Home

By Lauren Mayden



Ms. Burmester

Ms. Courtney Burmester is another new high school teacher who's beginning her teaching career here. Her classes include Oral Communications and Computers I and II.

After beginning her career in the Health Sciences field she ultimately decided teaching is what she really wanted to do. Ms. Burmester wanted to return to St. Joseph having graduated here in 2012. Her husband, Michael, is also a SJS graduate and her family members are all parishioners. "I consider St. Joseph a second family," she said. She's lived in Conway her entire life, and graduated from University of Central Arkansas with a Bachelor's Degree in Health Sciences. She is also enrolled in the Master of Arts Teaching Program at UCA.

The people who've influenced her the most to become a teacher are the people who taught her. She also says her husband is her biggest supporter of her career change and advanced degree work.

A Little Bit About Lunch

By Lauren Mayden



Everyone at St. Joseph loves the food that is prepared for us daily. However, none of the students really understand the amount of hard work that goes into food preparation.

The lunches are all bought from a food distribution company called U.S. Foods. All the lunches are prepared in the kitchen by the lunch workers every day. Thanks to Food Services Director Jeff Crowder having a certification in dietary management, we're allowed to have good healthy lunches without it all being green.

"I want to go to the classrooms and ask about possible lunch additions," Mr. Crowder said. "I'd also like to send out a poll, via email, where the students could give me feedback on what lunches they'd like to see more of and give me possible lunch ideas."

Mr. Crowder believes that the two most important meals of the day are breakfast and lunch. He thinks that students shouldn't be "starved out" on carbs when returning to class. "Students should go back to the classroom without focusing on their hunger by the end of the day," he said.



Sports World

By: David Green



NBA Free Agency News

Former Cleveland Cavalier star LeBron James signed a 4- year/ \$154M deal with the LA Lakers. "This is kind of like a dream come true for me," James said. Growing up I was a Cowboys fan, a Bulls fan, a Yankees fan, and I've always felt like that was one of the historic franchises. And you look at the Lakers, being able to play for an historic franchise with so much history and being able to partner with Magic Johnson, someone I looked up to when I was younger. I wanted to make no-look Magic, on the break and be Showtime like Magic. And for it all to come to fruition at this point, I think timing is everything."



The thing is that LeBron's streak of going to the finals eight straight years in a row is in serious jeopardy. Even though the Lakers have an 87% chance of going to the playoffs, they have a 1% chance to win the NBA title.

Kevin Durant re-signs with the Golden State Warriors. He signed a 2 year/ \$53M deal. Durant is the back to back finals MVP and both times he has defeated LeBron and the Cavaliers. "I'm planning on staying with the Warriors, and we'll figure the rest out," Durant said.

Speaking of the Warriors, they finally got a good center. DeMarcus Cousins will join the Warriors on a 1 year/ \$5M deal. The Warriors now have an all-star starting lineup, literally. Every person in the Warriors starting lineup has been an all-star. With the lineup of Stephen Curry, Klay Thompson, Kevin Durant, Draymond Green, DeMarcus Cousins (When he gets healthy) the Warriors are once again favorites to win the NBA title.

(continued on page 8)

Math Students Rise to New Heights

By: Jacob Hofherr & Zach Royal



Mr. Jeremy Elsinger explains how to use the transit level to his trigonometry class.

Mr. Jeremy Elsinger recently had his math students use trigonometric functions in a real-life demonstration. They took a transit level to determine the height of the new Spiritan Center.

The students used the transit level and their recently learned trigonometric functions to calculate the height of the building without using a tape measure. They first set up the transit level on a tripod and put a specialized ruler up against the Spiritan Center. They then looked through the transit level at the specialized ruler and found a ratio of 1:100 of how far away the Spiritan Center is away from the transit level. The students then pointed the level at the roof of the building and found the angle of rotation the level had and recorded the angle measurement.

The class took both the angle of measurement and distance away from the Spiritan Center and found the height of the building without even touching it. This was a fun and creative way to bring a typical math class out of the classroom.

T-Shirts Have New Look



This year's Bulldog T-shirt was designed by junior Abbie Flake. "I wanted to create a design that was simple but unique," Abbie said. "I was aiming for something a little less traditional and went for a more classic feel. I've enjoyed getting to see everyone wear them around school!"





High School Profiles

By: Logan Hurst and Gabe Chalk



Joseph Washum

Joseph~

1. **Biggie because he was East Side.**
2. **Chilled at the house, spent time by myself, and chilled with the homies.**
3. **Looking forward to psychology.**
4. **Bowling**



Tyler Van Dyke

Tyler~

1. **Tupac because "California Love" is a great song and beats everything Biggie did.**
2. **Riding with the homies.**
3. **Education**
4. **Nothing**

Austin~

1. **Tupac because I don't know.**
2. **Played baseball and went on vacation.**
3. **Nothing**
4. **Baseball**

1. Biggie or Tupac?

2. What did you do over the summer?

3. What are you looking forward to in the school year?

4. Are you playing any school sports?



Austin Parker

Will~

1. **Tupac because his music is better.**
2. **Went to a lot of places including North Carolina and Florida.**
3. **The end of the year**
4. **Cross country and soccer**



Will Schichtl



High School Profiles

By: Logan Hurst and Gabe Chalk



Elizabeth~

1. **Biggie because he's a better lyricist, and a prolific ghost writer.**
2. **I went to the beach.**
3. **Just getting through the year.**
4. **Absolutely nothing.**



Ian Washum

Ian~

1. **Biggie because...I don't know.**
2. **I hung out with my best friend, Clay, and I played video games.**
3. **Nothing in particular.**
4. **None**

Elizabeth Williams

Clay~

1. **Tupac because I don't know.**
2. **I went to the beach with my best friend Ian.**
3. **The end of it.**
4. **None**

1. Biggie or Tupac?

2. What did you do over the summer?

3. What are you looking forward to in the school year?

4. Are you playing any school sports?



Clay Shearer

John~

1. **Biggie because I like the way his music sounds.**
2. **I mainly hung out with my friends.**
3. **Learning Spanish.**
4. **Running cross country, playing basketball and soccer.**



John Smith

Sports World (from page 5)

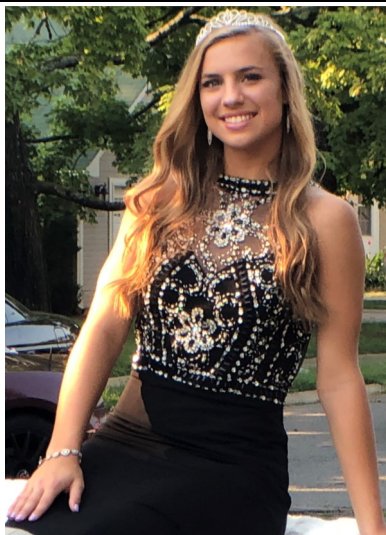
The Oklahoma City Thunder fans rejoice as not only they traded Carmelo Anthony to the Atlanta Hawks for Dennis Schroder, but they re-signed Paul George. He signed a four-year/ \$137M deal. George attended a party on the first night of free agency and guess who threw the party? His teammate and 2016-17 MVP, Russell Westbrook. During the party, the Thunder fans gathered around as George said the words that the Thunder fans were waiting to hear. "For those of you that didn't quite get it, let me say it again. I'm here to stay," George said. "We can win the whole thing."

The era has ended for the San Antonio Spurs. First, Tim Duncan retired, then Spurs Hall of Fame point guard, Tony Parker, signed with the Charlotte Hornets, and now one of the greatest shooting guards of all time, Manu Ginobili announced his retirement. Manu, you will be missed!

Well, the Kawhi Leonard drama has ended with him ending up in the East. That's right. LeBron to the West and Kawhi to the East. The Toronto Raptors traded DeMar DeRozan and Jakob Poeltl for Leonard. The Raptors also got Danny Green in the trade.

Beauty Queen Chosen

By: Gabe Chalk



Senior Mattie Elsinger is seen here at the Faulkner County Fair Parade on September 19th.

Biology Students Examine Slides

By Shelby Shearer

On September 13th and 14th, Mr. Jim Belote's sophomore Biology classes conducted an experiment involving the students' DNA from their own cheeks, pond water, and DNA that was taken from an onion.

Each of the slides had nearly the same procedure. It included first putting a drop of water onto the slide, applying the selected specimen and applying a plastic square-shaped covering over it.

After these steps were completed the students were then ready to put their slides under the microscope and examine them to get a closer look.

"I really enjoyed this experiment" Dane Schreckenhofer said "I really liked doing the cheek DNA activity because we got to see our own cells."



Truman Martin studies his onion slide

Reunion Rekindles Memories

By Chloe Detten



(back, left to right) Daniel Antoine (Class President) Caleb Seiter, Jeremy Elsinger, and Justin Velte. (front) Abby Ekert and husband Ben Hornbeck, and Neal Griffith with daughter, Martha. (One face obscured)

The St. Joseph Class of 2008 had its 10-year reunion on September 14th-15th. Close to 40 alumni and spouses attended.

The reunion began in our school's Cyber Café and concluded at Fat Daddy's Barbecue on Saturday. During the reunion, the life-long classmates gathered and shared new information, reminisced, and spent the weekend hanging out together like they did years ago.

An interesting fact about this class is that six of the thirty-three alumni are now teachers. Two of them, Kyle Zinno and Jeremy Elsinger teach here. In addition, there are three couples who met at St. Joseph and later married each other; Nick Heathscott and Lauren Bates, Luke Kordsmeier and Brooke Mayor, and Caleb Seiter and Brianna Lambe.



Publisher's note: Alli Felts and Audrey Ferrari, two 2018 SJS graduates, started this column last year. When the restaurant Katmandu Momo opened in the summer, we frankly weren't sure that a place serving food from Nepal would last long in Conway. Since new restaurants often have a short life, we asked Alli and Audrey to sample the cuisine at this eatery before its doors closed. We're into the Fall now and it's still going so it must be doing something right. Our correspondents' assessments follow:

Overview: Katmandu Momo, whose menu features dishes from all over East and South Asia, is a cute little restaurant downtown.

Alli Grace~ Overall, I rate Katmandu Momo a 3/5. That's actually a higher rating than I would have given it personally. However, I placed myself in another's shoes and realized that some people may actually like this place. I personally hated it, but I think it was just that culture's type food and not the food itself. I ordered this dumpling soup, and it had a lot of weird textures going on with it. It was more like a sauce than a soup because it was so thick. I was just confused. I didn't like the flavor either, but Audrey liked mine a bit so I assume it's just me. The service was pretty good, and it had a nice, quiet atmosphere which made it very easy to socialize with your dinner partner. Although I did rate it a 3/5, I will NOT be going back. **Bones:**



Audrey~I was intending to order the "Chatamari" dish, but I was informed their main chef was in Egypt for the week and therefore this dish was currently not an option. Due to this, I went with their "Kothay Chicken Momo," which is 10 small pan-seared chicken dumplings. I



Steamed Dumplings from The Himalayas

thought they were cooked perfectly and came with a delicious homemade sauce. However, the dumplings without the sauce would be pretty plain. I am definitely planning on dining there again and hopefully will be able to try the other dish. **Bones:**



Book in a Bottle



Luke Williams, Natalie Ross, and Jonathan Deen.

Early in the school year Librarian Karen Wilson decided to have some fun by creating a book-related contest. She had a young adult novel that had been checked out more than 100 times which was coming apart from its use.

Since the book was no longer in good shape she cut up the pages into small strips and placed them inside a bottle. Upon close examination certain lines could be read. Students were (see page 10)

Fantasy Football Forum

By: Jacob Hofherr, Zach Royal, Austin Parker, and Timmy Coney



Fantasy Football is enjoyed by millions of Americans every year. Many people are not sure what fantasy football is all about and it's pretty simple. It's a competition where people "draft" players in national football league and place them on their own imaginary teams. The game consist of a 16 week season where contestants compete against one another with their own "drafted" imaginary teams. The player gets to be the general manager or their team that they drafted and deciding who will get the most points this week. The players are awarded points based off their teams performance in the actual NFL games.

This column is going to talk about the best possible fantasy players throughout the month, our own predictions about certain fantasy players, and other relevant NFL news.

September means the start of the NFL season and fantasy leagues are starting up again. So we are going to rank the best players in their given positions.

The best quarterbacks to be on the lookout for in fantasy drafts would be Aaron Rodgers, Cam Newton, Patrick Mahomes, and Drew Brees.

The best wide receivers to play would be Antonio Brown, DeAndre Hopkins, Odell Beckham Jr., and Julio Jones.

Best running backs for the 2018 season would be Todd Gurley, Kareem Hunt, Ezekiel Elliot, Saquon Barkley, and Leonard Fournett.



Graduate Soars at Air Force Academy

By: Ella Imboden



As an Air Force cadet Tia Massa spends a lot of time around aircraft.

Book in a Bottle (from page 9)

asked if they could guess the title of the tattered tale? Prizes would be given to three winners.

Natalie, Luke, and Jonathan all correctly answered it was "The Maze Runner" by James Dashner. Each of them received \$10 gift cards.



Mystery in a bottle.

Tia Massa, a 2016 graduate of St. Joseph School, recently began her third year of study at the U.S. Air Force Academy near Colorado Springs, CO. Her family visited her over the summer and got an inside look at what she's doing.

"She's getting her degree in aeronautical engineering," her father, sixth grade teacher Steve Massa, said. "Basically she has no time on her hands, no free time," her younger sister, Sara, added. "She wants to be a pilot."

While visiting Tia, her family was given a tour of the campus and witnessed a big parade where all the cadets got in their squadrons and marched across a field. They also got to see the Academy football team play a game.

Tia's brother, Scott, who's in eighth grade, has mixed feelings about his sister joining the Air Force. "I'm proud of her but I wanted her to go to West Point," he said. That's the military academy for the U.S. Army. Despite her choice, Scott admitted that Tia is really enjoying the Air Force Academy. "She says it's pretty fun," he said. "She likes flying gliders and working with the wind tunnels."

Juvenile Judge Gives Straight Talk Regarding Drug and Alcohol Abuse

By Caleb Urbani



Circuit Judge Troy Braswell recently came to speak to the senior class about participating in Teen Court. It's a program in which juvenile offenders have their cases heard by their peers as an alternative to a real court proceeding.

After his talk, journalist Caleb Urbani interviewed the judge about a problem that gets many teens in trouble.

Bulldog Spirit: Drug use is a problem in Conway, a lot of which has to do with teens. Teens constantly hear that drugs are bad and not to do it, how are you differing from the rest and getting it through to teens?

Judge Troy Braswell: It's one thing to fail a drug test, it's another thing to look what else is going on in your life. What we see are a lot of the times, the kids that are failing drug tests and the ones that are getting caught with drugs at school are the same ones that are skipping class, not doing their homework, and causing a disruption in the classroom. What happens when they are skipping school and not being in a...

(continued on page 11)

Braswell Interview (from page 10)

Judge Braswell: ...classroom environment, they tend to engage in risky behavior. A kid might end up in a stranger's house trying to buy marijuana off of them. I know that kids sometimes roll their eyes at that and say everything is fine and it is not a big deal. But as you engage in that behavior and see grades suffering and attendance suffering it ends up creating a long term disadvantage. You look up and realize you haven't been going to school for a year and half, you're seventeen and starting your junior year. You become frustrated. This has a lot to do because they engage in this risky behavior for a couple of years. I hate seeing kids limit their opportunities after high school because of the decisions they're making at 15, 16, and 17. What we try to do is show kids that there's another way to live life and there is a way without turning to substances. There are alternatives to drug use for kids on the right path to making better decisions.

Bulldog Spirit: What is one of the most common drugs you see used in court cases involving drugs?

Judge Troy Braswell: The most common is marijuana. We also see the illegal possession and use of pharmaceuticals, such as Adderall, and attention deficit/hyperactive medicine. One kid will give that to someone else, which is a felony, distribution of drugs. Unfortunately, we also see some methamphetamine use in kids. That's always a huge red flag because it's so dangerous and can affect the body so much.

Bulldog Spirit: Conway has an opiate problem. Do you see that more in teens or does that apply more to adults?

Judge Braswell: I would say the opioid crisis is not unique to Conway. If you look at the number of prescriptions, and the number of pills given out across the country. As a country we realize this is an epidemic that reaches all over. We do see kids that suffer from that and we do see that in our court. One of the things we do to address that is a juvenile drug court. For the kids that score the highest on substance abuse screenings, we have a specialty court aimed at helping those kids help fight addiction and substance abuse.

Bulldog Spirit: Could you give us some information about Red Ribbon Week?

Judge Braswell: The great thing about Red Ribbon Week is that it's a school and community standing together saying we know there is a problem with drugs and alcohol, so we're going to stand together to push back. That doesn't mean someone is going to get in trouble, but it means someone needs help. We understand that when we have classmates that are suffering we need to help them. I think Red Ribbon Week is a good way for a school and community to stand up and say we want to make a difference.

Bulldog Spirit: Do you think Red Ribbon Week helps in getting through to teens that drugs and alcohol are truly dangerous?

Judge Braswell: That's what's special about Red Ribbon Week. It draws attention to the fact that using an illegal drug one time can lead to a lifetime of addiction. If you get something that is tainted it could kill you. We see this in synthetic marijuana, K2. Those things are very dangerous. Anytime in Red Ribbon Week that you can raise awareness and draw attention to how serious this problem is, then I think it is a positive thing.

College Fair Attended



(front row-left to right) Elizabeth Chandler, Aaryanna Janowiecki, Counselor Teri Breeding, Caitlyn Simon, Erika Gonzalez, Will Schichtl and Riley Tucker. (back row) John McKenna, Timmy Coney, Logan Kennedy, Austin Parker, and Caleb Hiegel.

Several juniors and seniors went to the Independent Schools College Fair at U.A.L.R. on September 24. Representatives from upwards of 100 colleges and universities from across the country were there to provide prospective enrollees with information about their offerings. In-state schools, as well as ones from the surrounding area (more on page 12)

Students Enhance Leadership Skills By Austin Parker



(front row - left to right) River Ferrari, Ashleigh Mallett, Anna Rappold, Emily Briggler, Luke Briggler, and Counselor Teri Breeding. (back row) Jacob Bailey, Caleb Urbani, Nicholas Broman, Elijah Bailey, Elizabeth Chandler, Shannon Trantina, Abbie Flake, Caleb Mallett, Abigail Bailey, and Jared Sanders

Fifteen St. Joseph students in the 9th-11th grades attended the High School Leadership Conference at Arkansas Tech University in Russellville on October 11th. The conference was designed to give student leaders the chance to improve their personal leadership skills. It included breakout sessions, large group sessions, and an opportunity to explore the University's campus.

"We learned about problem solving and the different types of problem solvers," sophomore Abigail Bailey said. "We also learned how they work with different people and how they solve their own problems." Sophomore Jacob Bailey added that the students were encouraged to think about goals in both their academic and personal lives. "We also learned how to listen well," he said. Sophomores Shannon Trantina and Caleb Mallett had their own observations. "We learned how to implement different skills in our daily lives (continued on page 12)

Leadership Conference (from page 11)

to become better leaders and listeners,” Shannon said. Caleb was told in one of the sessions that leadership isn’t just about being a leader and having followers. It means being the right kind of person when you’re by yourself. “Leaders do the right thing even when no one else is watching,” he said.



Shannon Trantina, Abbie Flake, Emily Briggler, Nicholas Borman, Elijah Bailey, and Elizabeth Chandler during one of the sessions.

College Fair (from page 11)

were represented, along with such prestigious institutions as the University of Notre Dame, Yale University, Harvard College, and some of the U.S. Military Academies.



Riley Hill and Erika Gonzalez speak with a college representative.



Members of our Bulldog Band performed at ArtsFest which took place simultaneously with EcoFest at Laurel Park.

Service Club Promotes Digital Citizenship



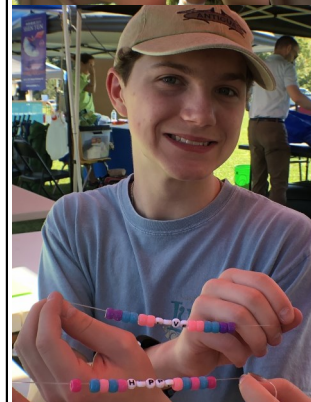
Interact Club Board Member Elizabeth Chandler talks with visitors to its booth at EcoFest on October 6.

Several members of the Interact Club recently took part in Conway’s 10th Annual EcoFest at Laurel Park. This year, EcoFest partnered with ArtsFest to make it an even bigger and better event.

EcoFest organizers say its mission is to “enhance the health and vitality of our community through interactive environmental education, science, art, and fun.” This is accomplished by bringing together professionals, conservations, change makers, businesses, artists and educators to help visitors better understand the connections to our environment and how to make more informed choices.

For the second year, the Interact Club chose to make the public aware of the importance of digital citizenship and internet safety. It distributed age-appropriate materials from the State Attorney General’s Office to educate children about the potential dangers of navigating the internet and social media and what precautions they should take when doing so.

Visitors were also given the chance to make decorative bracelets that could include such slogans as “Be Kind Online” or “Beware What You Share.”



Interact Club members (above) Sydney Pham, Luke Briggler, Luke Pope, and (left) Kyle Hartman display bracelets.